

Chanel 4

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Music: Chanel - Alessandro Olivato (Only Ballroom Vol 1) 1:55
Avail for download from www.casa-musica-shop.de
Footwork: Opposite except where noted
Rhythm/Phase Waltz Phase IVa + 2b (Bk Passing Chng & Outsd Chng) Degree of Difficulty: Easy
Sequence: Intro – A – B – C Speed 45 rpm Release 1.0 October 2018

INTRO

- 1 - 4** **WAIT ; RAISE ARMS TO BFLY/SCAR ; FWD CHK/DEVELOPE ; BOX FINISH ;**
1 Wait 1 measure in OP DW lead foot free hands low in front of body ;
2 RAISE arms with slight RF body turn to BFLY/SCAR ;
3 1-- Chk fwd L in BFLY/SCAR with R sd stretch, change to to LF stretch, -
(W bk R, sway to L bring L foot up to knee, extend L ft fwd & down);
4 123 Bk R, trng LF sd L CP, cl R CP DC;

PART A

- 1 - 4** **DRAG HESITATION ; BK BK/LOCK BK ; IMPETUS SCP ; SLOW SD LOCK ;**
1 12- Fwd L, fwd & sd R turning LF, draw L to R no weight
2 12&3 Bk L, bk R/XLIF, bk R;
3 123 Bk L pull R past L trng RF on L heel, cl R to L rising, fwd L to SCP DC
(W fwd R, fwd L trng RF, fwd L DC);
4 123 Thru R, sd & fwd L, trng body LF rise & XRIB(W thru L, sd R trng LF, XLIF) end DC;
- 5 – 8** **TELEMARK SCP ; CROSS PIVOT SCAR ; SYNC FRNT TWISTY VINE ; CHK DEVELOPE ;**
5 123 Fwd L comm LF trn, sd & fwd R cont trng LF, fwd L SCP DW
(W bk R draw L heel past R, turning LF close L to R, fwd R SCP DW);
6 123 Thru R comm. RT turn, sd & fwd L cont trng, fwd R to SCAR LOD
(W thru L, fwd R trng RF, bk L to LOD);
7 1&23 XLIF/trng LF sd R, XLIF, trng RF sd R(W XRIB/trng LF sd L, XRIF, trng RF sd L);
8 1-- Chk fwd L in BFLY/SCAR with R sd stretch, change to to LF stretch, -
(W bk R, sway to L bring L foot up to knee, extend L ft fwd & down);
- 9 - 12** **HOVER CORTE ; IMPETUS SCP ; WEAVE TO SCP ; ;**
9 123 Bk R to RLOD, trng LF sd & fwd L rising, rec R BJO(W fwd L, trng LF sd & fwd R rising, rec L);
10 123 Bk L pull R past L trng RF on L heel, cl R to L rising, fwd L to SCP DC
(W fwd R, fwd L trng RF, fwd L DC);
11 123 Thru R, fwd L trng LF, sd R(W thru L commence LF trn, sd & bk R trng LF, sd L);
12 123 XLIF CBMP, bk R CP trng LF, sd & fwd L BJO DW
(W XRIF CBMP, fwd L CP trng LF, sd & bk R BJO);

Part A(cont)

13 - 16 IN & OUT RUNS ; ; THRU CHASSE SCP ; CHAIR & SLIP ;

- 13 123 Thru R turning RF, fwd & sd L in front of W cont RF trn, bk R CBJO(W thru L, fwd R , fwd L);
14 123 Bk L turning RF, sd & fwd R between W feet, fwd L SCP LOD
(W fwd R turning RF, fwd & sd L in front of M, turn to SCP fwd R);
15 12&3 Thru R, sd & fwd L/cl R, sd & fwd L;
16 123 Lowering on L step thru R with flexed knee, rec bk L trng LF, bk R slipping W to CP DC;

PART B

1 - 4 DIAMOND TURN ; ; ; ;

- 1 123 Fwd L, trng LF sd & bk R, bk L to BJO DRC;
2 123 Bk R to CP, trng LF sd & fwd L, fwd R BJO DRW;
3 123 Fwd L, trng LF sd & bk R, bk L to BJO DW;
4 123 Bk R to CP, trng LF sd & fwd L, fwd R BJO DC;

5 - 8 TELEMARK BJO ; FWD FWD/LK FWD ; MANUVER ; HESITATION CHANGE ;

- 5 123 Fwd L comm LF trn, sd & fwd R cont trng LF, fwd L BJO DW
(W bk R draw L heel past R, turning LF close L to R, cont trng bk R BJO DW);
6 12&3 Fwd R, fwd L/LRIB, fwd L;
7 123 Fwd R outsid ptrn, fwd & sd L turning RF, cl R to L CP RLOD(W bk L, bk & sd R, cl L);
8 12- Bk L trng RF, sd & fwd R, drw L to R no weight to CP DC
(W fwd R between M's feet, fwd & sd L trng RF, drw R to L);

9 - 12 VIENNESE TURNS ; ; HOVER TELEMARK DW ; NATURAL HOVER FALLAWAY ;

- 9 123 Fwd L trng LF, fwd & sd R cont LF trn, XLIF(W cl R);
10 123 Bk R trng LF, small sd L fc DW, cl R(W XLIF);
11 123 Fwd L, fwd R trng body RF, fwd L SCP DLW(W bk R, bk L trng RF, fwd R SCP);
12 123 Thru R, fwd L trng RF fc DRW, rec bk R SCP;

13 - 16 SLIP PIVOT BJO ; MANUVER ; SPIN TURN ; BOX FINISH LOD ;

- 13 123 Bk L, bk R trn LF, sd & fwd L BJO DW(W bk R, strong LF turn on R slip fwd to CP on L, sd & bk R);
14 123 Fwd R outsid ptrn, fwd & sd L turning RF, cl R to L CP RLOD(W bk L, bk & sd R, cl L);
15 123 Bk L piv 1/2 RF, fwd R rising cont turn 1/8th, bk L toward DRC
(W fwd R pivot RF, bk L rising brush R to L, fwd R CP);
16 123 Bk R, trng LF sd L CP, cl R;

PART C

1 - 4 FWD WALTZ ; DRIFT APT ; THRU OPEN TWINKLE 2X ; ;

- 1 123 Fwd L, fwd & sd R, cl L to R;
2 123 Fwd R, small fwd lead W to step bk to LOP, cl R trng RF to LOP sweep trail arms up & out;
3 123 Thru L to wall, trng to fc W sd R, cl L trng to OP sweep lead arms up & out;
4 123 Thru R to COH, trng to fc W sd L, cl R trng to LOP sweep trail arms up & out;

PART C(Cont)

5 - 8 THRU TRNG HOVER SCP LOD ; MANUVER ; BK PASSING CHANGE ; BK CHASSE SCP ;

- 5 123 Thru L to wall, small sd & fwd R slight RF trng, sd & fwd L SCP LOD
(W thru R trng RF, sd L to RW trng RF, sd & fwd R SCP LOD);
- 6 123 Thru R, fwd & sd L turning RF, cl R to L CP RLOD(W thru L, fwd & sd R, cl L);
- 7 123 Bk L, bk R trng body RF, bk L in BJO to LOD(W fwd R, fwd L trng RF, fwd R BJO);
- 8 12&3 Bk R, trng LF to fc wall sd L/cl R, sd & fwd L SCP(W, fwd L trng LF, sd R/cl L, sd & fwd R);

9 - 12 OPEN IN & OUT RUNS 2X ; ; ; ;

- 9 123 Thru R across W, fwd & sd L turning RF, cont RF trn fwd R LOD ½ OP(W fwd L, fwd R, fwd L);
- 10 123 Fwd L, fwd R, fwd L ½ OP(W fwd R across M, fwd L trng RF, cont RF trn fwd R LOD);
- 11 123 Fwd R across W, fwd & sd L turning RF, cont RF trn fwd R LOD ½ OP(W fwd L, fwd R, fwd L);
- 12 123 Fwd L, fwd R, fwd L ½ OP(W fwd R across M, fwd L trng RF, cont RF trn fwd R LOD);

13 - 16 WEAVE 3 BJO ; BK BK/LK BK ; OUTSIDE CHANGE SCP ; CHAIR ;

- 13 123 Fwd R blend to SCP, fwd L trng LF, sd R to CP COH;
(W fwd L to SCP, fwd & sd R trng LF to CP, cont trng sd L);
- 14 12&3 Cont LF trn bl L, bk R/XLIF, bk R);
- 15 123 Bk L in BJO, bk R to CP RLOD, trng LF sd & fwd L SCP DW
(W fwd R outsd M, fwd L to CP, sd & fwd R SCP);
- 16 1 On last note lower on L thru R & hold ;